

Seiko Series SNA (7T62)

Alarm Chronograph

FEATURES

- ◆ Hour, minutes and small second hands.
- ◆ Alarm can be set on a 12-hour basis with two small hands.
- ◆ Date calendar
- ◆ Chronograph can measure up to 60 minutes in 1/5 seconds.
- ◆ Alarm hands can indicate the time of an area in a different time zone.

HOW TO SET TIME

1. Pull crown out to Second Click position and turn to set hour and minute hands to current time.
2. Push back crown into normal position.

HOW TO SET CALENDAR

1. Date Setting

- Pull crown out to first click and turn clockwise to set calendar to the present date.
- Push crown back into normal position.

HOW TO SET ALARM TIME

1. Pull the crown to the second click position.
2. Press button "B" to set the alarm hour and minute hands to current time.
3. Push the crown back to normal position.

HOW TO SET THE DESIGNATED ALARM TIME

1. Pull the crown to the first click position.
2. Press button "B" to set the alarm hour and minute hands to desired alarm time.
3. Push the crown back to normal position.

NOTE: a. Alarm will ring at the designated time for 20 seconds.
b. One time alarm only, the designated alarm time needs to be reset.

HOW TO USE CHRONOGRAPH

1. Set crown at normal position.
2. Press button "A" to Start/Stop/Restart.
3. Press button "B" to Split/Split release/Reset.

HOW TO USE ALARM DIAL AS DUAL TIME DISPLAY

1. Pull the crown to the second click position.
2. Press the button "B" to set the hour and minute hands to time of a different time zone.
3. Push the crown back to normal position.

NOTE: a. Without the alarm function.
b. The alarm also can be set to ring at the dual time zone and set the designated alarm time by the same procedure of HOW TO SET THE DESIGNATED ALARM TIME.

HOW TO USE ADJUSTING HAND POSITION

If chronograph hands will not return to the 12 o'clock position when chronograph is reset or when the battery is replaced with a new one, follow the procedure below to reset the hands to the 12 o'clock position.

1. Pull crown out to second click.
2. Press button "A" to reset chronograph minute hand to the 12 o'clock position.**
3. Press button "B" to reset chronograph second hand to the 12 o'clock position.**
4. Push crown back into normal position.

**Hand moves quickly if the button is kept pressed.

